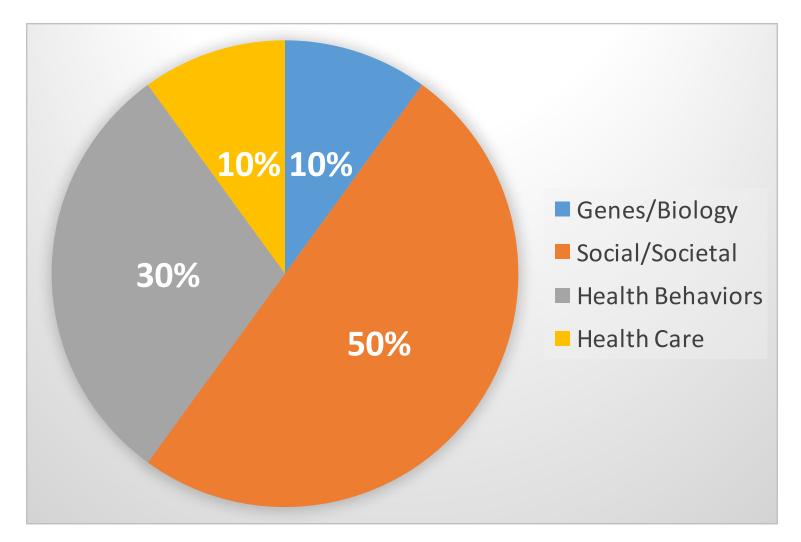
## 

Director & Oklahoma Medicaid Endowed Professor in Mental Health Anne & Henry Zarrow School of Social Work University of Oklahoma

jmcribbs@ou.edu

### Determinants of Health, by %

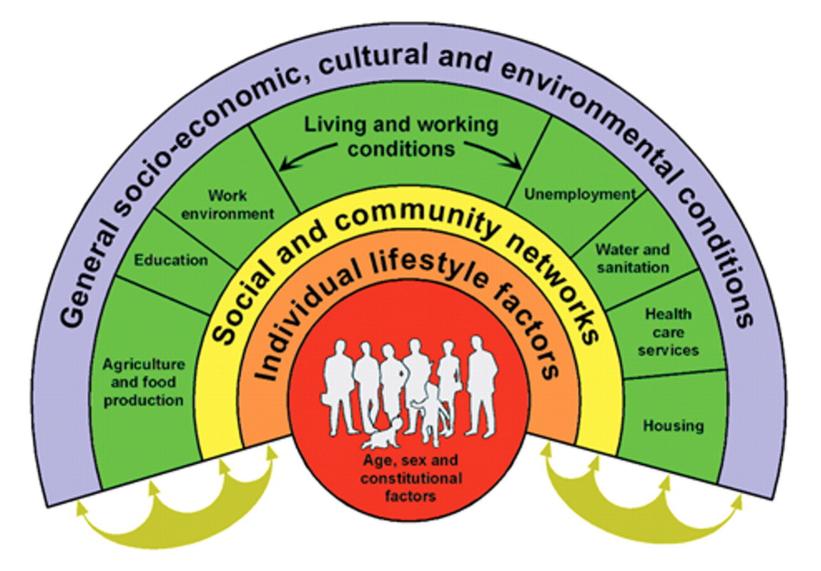


## Social Determinants of Health



"The World Health Organization Commission defined social determinants of health as the conditions in which people are born, grow, live, work and age, including the health system."

"The structural determinants and conditions of daily life constitute the social determinants of health and are responsible for a major part of health inequities between and within countries"



## Oklahoma Context



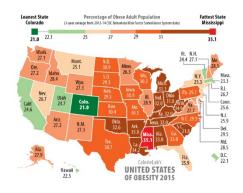
### Current Oklahoma Reality

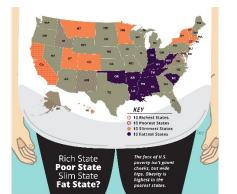
## Policy

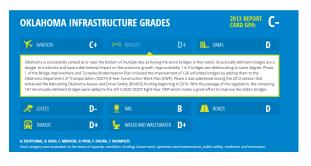
- Budget crisis
- NO Medicaid expansion
- Safety net: EITC under threat
- Education cuts
- Infrastructure, environment

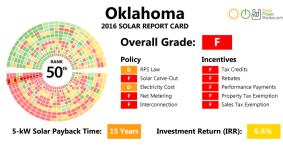
#### SUBJECT AREA RANKINGS AND GRADES: WOMEN'S ACCESS TO HEALTH CARE

1	STATE	Access to Care		STATE	Access to Care	
		Rank	Grade		Rank	Grade
	Alabama	25	С	Montana	41	F
	Alaska	35	D	Nebraska	23	C+
	Arizona	39	D-	Nevada	49	F
	Arkansas	42	F	New Hampshire	6	A
CARE	California	15	В	New Jersey	8	A-
ζ	Colorado	27	С	New Mexico	40	D-
ر	Connecticut	4	A	New York	7	A
HEALIH	Delaware	2	A	North Carolina	26	С
7	Florida	36	D	North Dakota	34	D
ì	Georgia	31	D+	Ohio	20	B-
	Hawaii	11	B+	Oklahoma	46	F
	Idaho	50	F	Oregon	30	C-
	Illinois	17	В	Pennsylvania	16	в
	Indiana	44	F	Rhode Island	3	A
	lowa	13	B+	South Carolina	37	D
	Kansas	29	C-	South Dakota	21	C+
	Kentucky	28	C-	Tennessee	22	C+
WOMEN'S	Louisiana	32	D+	Texas	45	F
	Maine	9	A-	Utah	43	F
5	Maryland	10	A-	Vermont	5	A
š.	Massachusetts	1	A	Virginia	19	B-
	Michigan	14	В	Washington	24	С
	Minnesota	18	B-	West Virginia	33	D+
	Mississippi	47	F	Wisconsin	12	B+
	Missouri	38	D-	Wyoming	48	F









D

4



#### Enacted a law in 2015 allowing K-12 school employees with concealed weapons permits to carry loaded guns at school functions.

Could improve its score by requiring background.

checks on private sales, enacting a gun violence protective order law, eliminating preemption laws, and imposing a waiting period on firearm purchases.

LEARN MORE ABOUT OKLAHOMA'S GUN LAWS AT

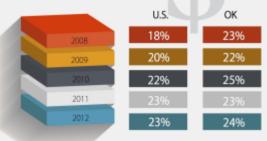




51. Mississippi



## % of children **POVERTY**



Over 220,000 children in Oklahoma live in poverty - that translates to nearly one in four kids in the state living in families making less than \$23,283 annually for a family of four. Growing up in poverty can cause children to have poorer health and even impede cognitive development.

source for Well-Being

2014 KIDS COUNT Data Book

sional District Re

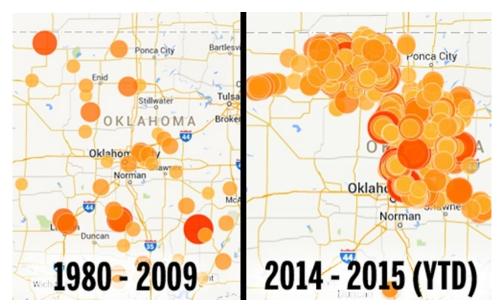
State & Congres



# Well-Being Index

### Environment

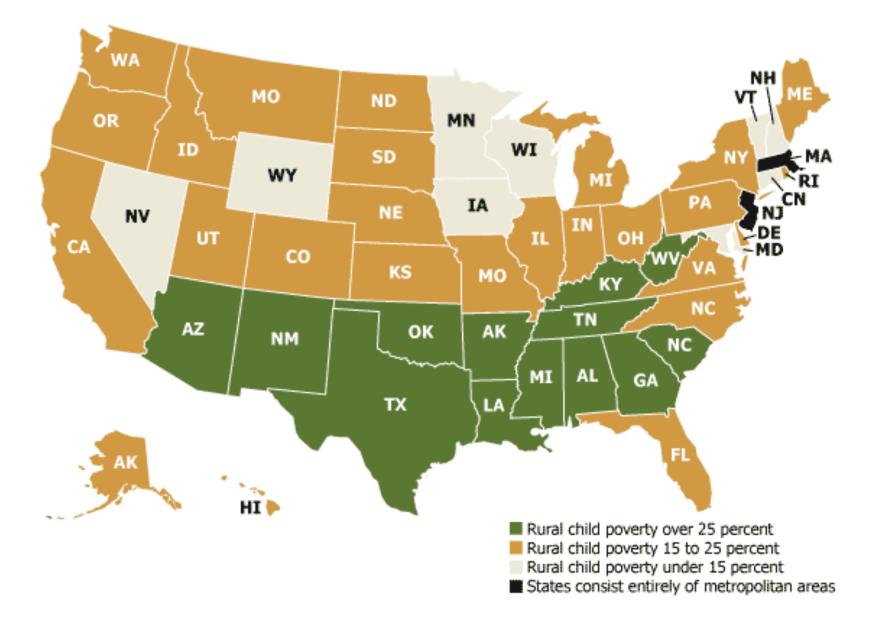
- Drought & Water Quality
  - Rising temperatures, crops put strain on demand for water
  - Funds for water treatment, pumps, pipes
  - Fracking may impact water quality
- Natural disasters
- Fracking & Earthquakes
  - OK had 238 earthquakes in 2013, versus 20 in 2009
- Pollution
  - OKC and Tulsa are among 25 American cities with highest levels of ozone pollution



### Poverty

Below the poverty line= income below (\$23,834 for a family of four)

OKLAHOMA RANK	% of OKLAHOMA POPULATION
$34^{th}$ in percentage of people below the poverty line $\rightarrow$	<b>16.8%</b>
36 <sup>th</sup> in percentage of children below the poverty line →	<b>23.5%</b>
37 <sup>th</sup> in percentage of working age women with incomes below poverty line →	<b>18.3%</b>



## Specific Consequences of Poverty in Oklahoma

- Teen Pregnancy
  - Oklahoma ranked 50<sup>th</sup> in number of teen births per 1000 women
- No Health Insurance
  - Ranked 46<sup>th</sup> in health insurance coverage, 31.7% of Oklahomans not covered

### • School Drop-Out

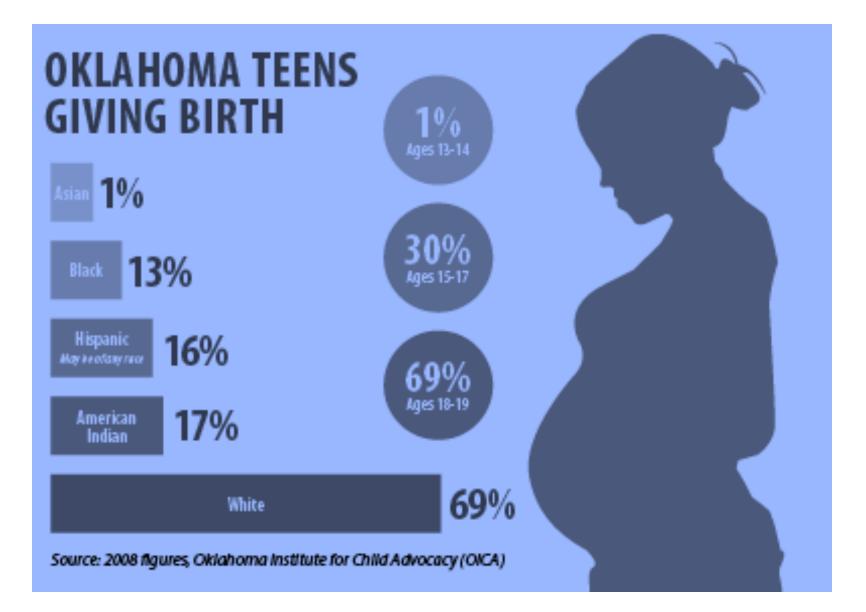
• Roughly 18% of students in Oklahoma do not graduate from high school

### Incarceration

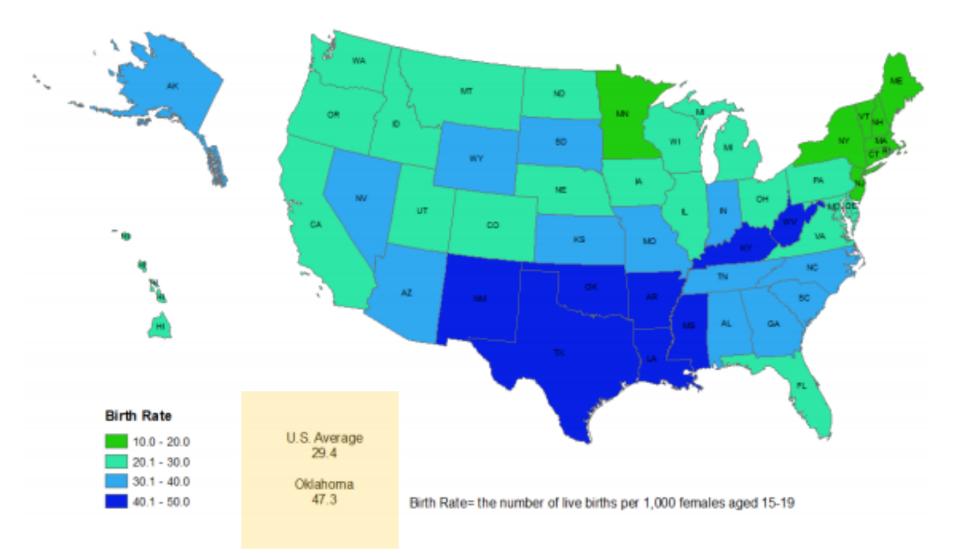
• Oklahoma leads the nation and the world in the rate of female incarcerations

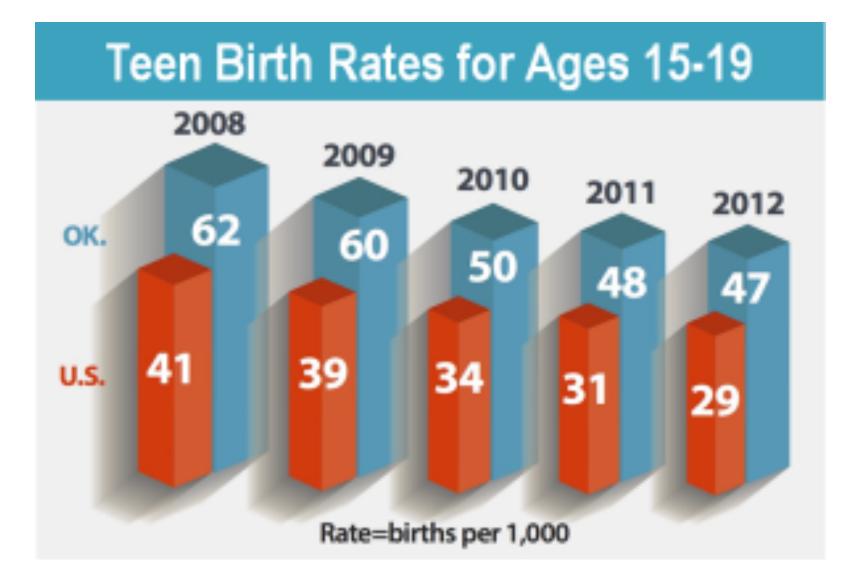


### Teen Pregnancy



### BIRTH RATE\* FOR FEMALES AGED 15-19 BY STATE: UNITED STATES 20121





### Oklahoma Youth Risk Behavior Survey 2013<sup>4</sup>

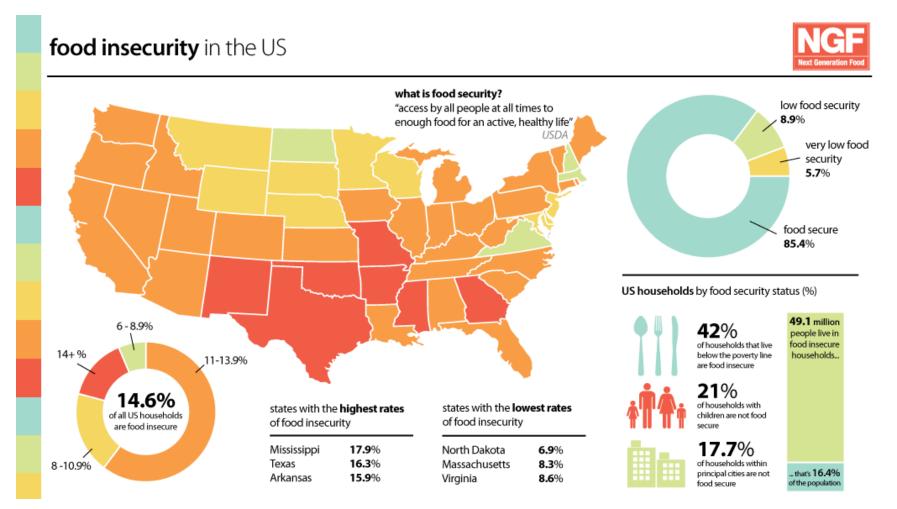
18% of high school students have had sex with four or more people during their life.



Among high school students who had sex during the 3 months before the survey, **58%** used a condom during last sexual intercourse. 50% of high school students have had sex.



### FOOD & HUNGER



## 📜 Oklahoma



### FOOD INSECURITY RATE

### INCOME BANDS WITHIN FOOD INSECURE POPULATION

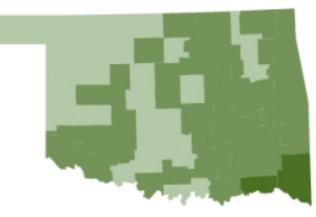




National average food insecurity rate: 16.4%

### AVERAGE COST OF A MEAL

\*National avange cost of a



FIVE counties with the highest food insecurity rates

Mc Curtain Choctaw Okfuskee Okmulgee Comanche

#### Food Insecurity Rates

30% and above
25% - 29%
20% - 24%
15% - 19%
4% - 14%

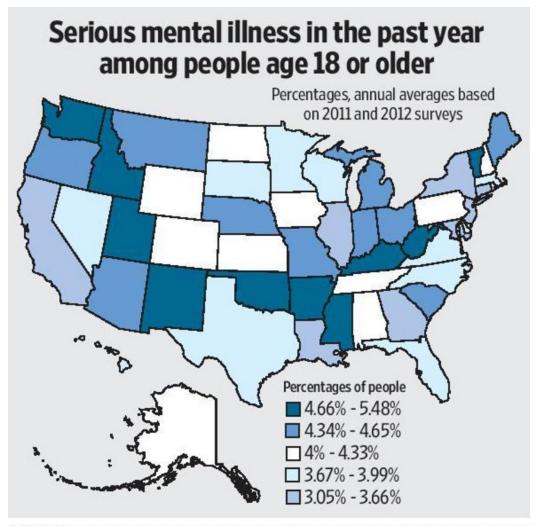
## Average Daily Participation in Summer Food Service Program

Five top-performing states reached at least one in four of their low-income children in July 2013, when comparing Summer Nutrition participation to regular school-year free and reduced price lunch numbers: the District of Columbia, New Mexico, New York, Connecticut, and Vermont.

Eleven states fed summer meals to fewer than one in ten of their low-income children in July 2013. Oklahoma, Mississippi, and Nevada were the three lowest-performing states, and each had a 2013 ratio even worse than in the previous year.

<u>http://frac.org/pdf/2014\_summer\_nutrition\_report.pdf</u> & http://okpolicy.org/policy-basics-oklahomas-food-security-safety-net

### Mental Health & Substance Abuse



SOURCE: SAMHSA, CENTER FOR BEHAVIORAL HEALTH STATISTICS AND QUALITY, NATIONAL SURVEYS ON DRUG USE AND HEALTH, 2011 (REVISED OCTOBER 2013) AND 2012

## **SUICIDE:** OKLAHOMA 2015 FACTS & FIGURES

### **Suicide Death Rates**

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Oklahoma	665	17.28	12
Nationally	41,149	12.57	

On average, one person

in the state.

dies by suicide

every 13 hours

Suicide is the **9th leading** cause of death overall in Oklahoma.



Based on most recent 2013 data from CDC



Suicide cost Oklahoma a total of \$778,731,000 of combined lifetime medical and work loss cost in 2010, or an average of \$1,260,082 per suicide death.

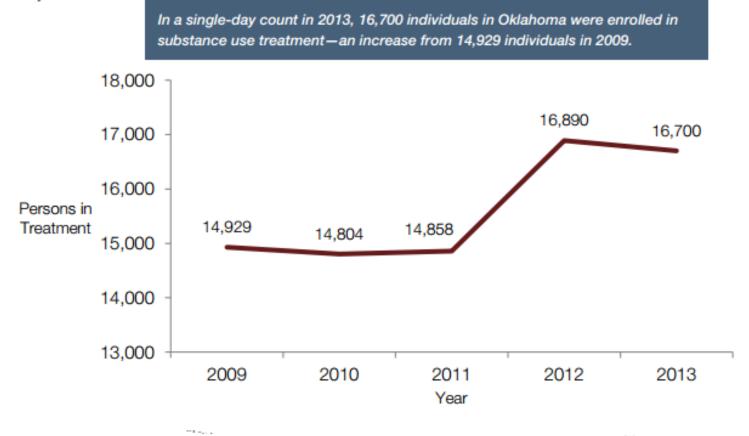
IN OKLAHOMA, SUICIDE IS THE	<b>2nd leading</b> cause of death for ages 10-34	4th leading cause of death for ages 35-44
<b>5th leading</b>	8th leading	<b>16th leading</b>
cause of death	cause of death	cause of death
for ages 45-54	for ages 55-64	for ages 65 & older

**Over twice as many** people die by suicide in Oklahoma annually than by homicide; the total deaths to suicide reflect a total of **13,761** years of potential life lost (YPLL) before age 65.





## Enrollment in Substance Use Treatment in Oklahoma: Single-Day Counts (2009–2013)<sup>7</sup>



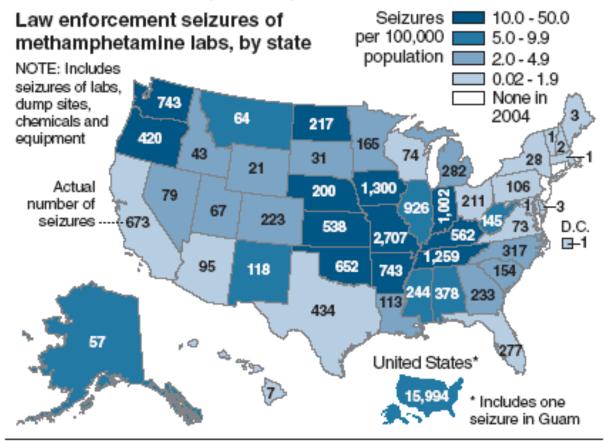
### Methamphetamine Epidemic

Oklahoma is **No. 3** in the nation in per capita use of meth. Our meth use is **240% greater** than the national average. SOURCE: Positive work place drug tests in 2010, Quest Diagnostics Drug Testing Index

Since 2004, **979 meth labs** have been discovered in Tulsa County — **more than any other county** in the nation. *source: CNN Money Map* 

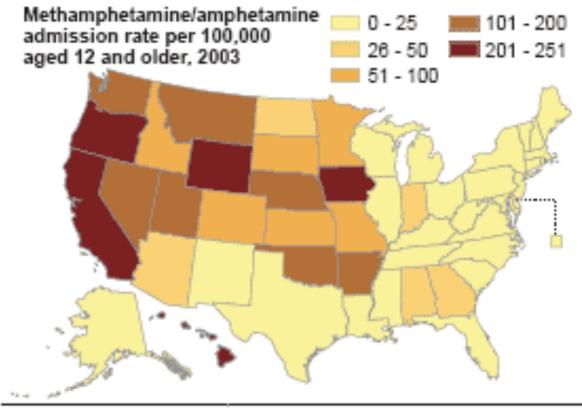
### Meth's affliction felt in nation's heartland

In 2004, authorities made nearly 16,000 seizures related to clandestine methamphetamine labs, many of which were in the Midwest. The meth epidemic affects both cities and rural areas, where meth "cookers" have more space to operate undetected.



### Meth abuse rises sharply in a decade

A recent report showed that the number of methamphetamine users who sought treatment in the United States quadrupled from 1993 to 2003.



### **METHAMPHETAMINE INCIDENTS**

These numbers include methamphetamine laboratories, chemical/equipment/glassware seizures and dumpsites.

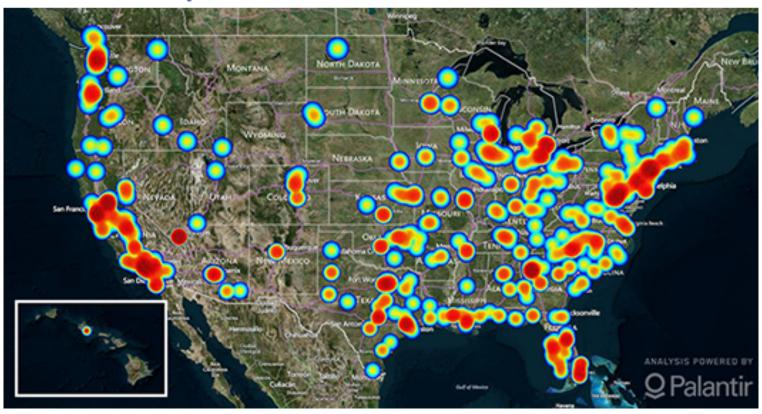
### **National meth incidents**

Top 10 states for meth incidents in 2013

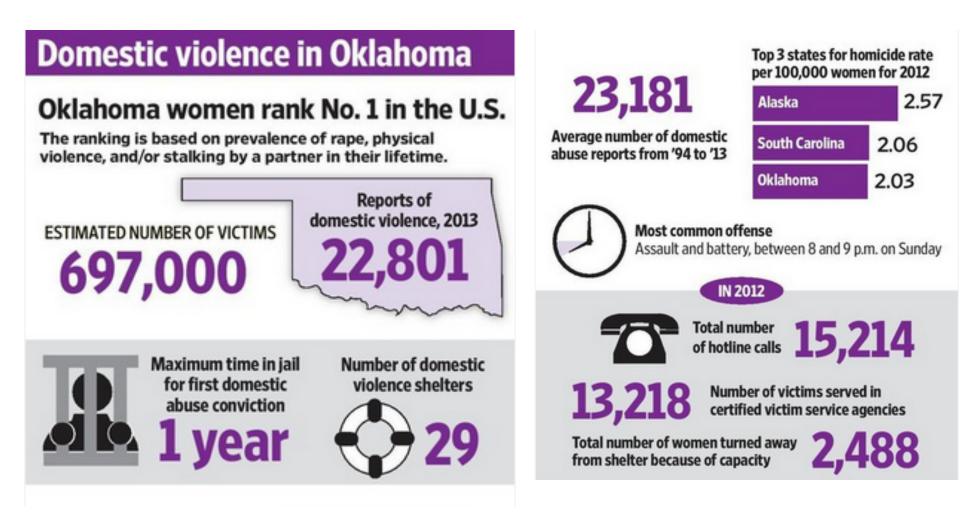
Indiana ..... 1,797 Tennessee ..... 1,616 **Missouri .... 1,495** Ohio ..... 1,010 **Illinois ..... 673**  Michigan ..... 607 North Carolina .. 568 Kentucky ..... 495 Oklahoma ..... 436 South Carolina .. 397

## Human & Child Trafficking, The Opioid Connection

### Location of Sex Trafficking Cases Involving U.S. Citizens Reported to NHTRC and BeFree (2014)



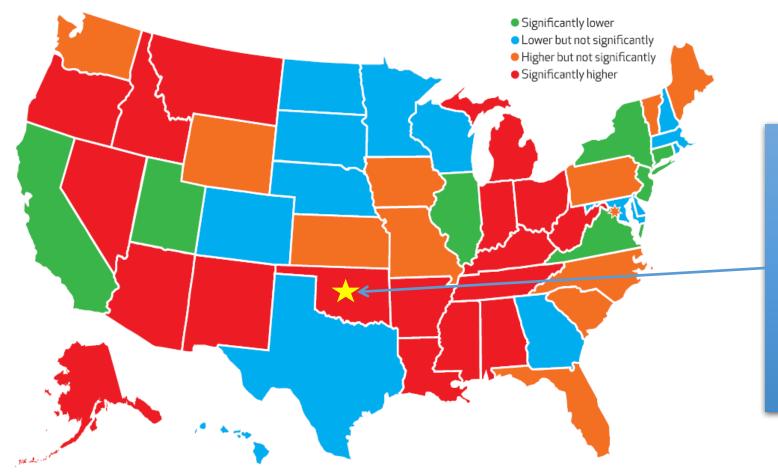
### Interpersonal Violence



SOURCES: U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION, OKLAHOMA STATE BUREAU OF INVESTIGATION, OKLAHOMA DOMESTIC VIOLENCE FATALITY REVIEW BOARD, OKLAHOMA ATTORNEY GENERAL'S OFFICE.

### ACEs in Oklahoma

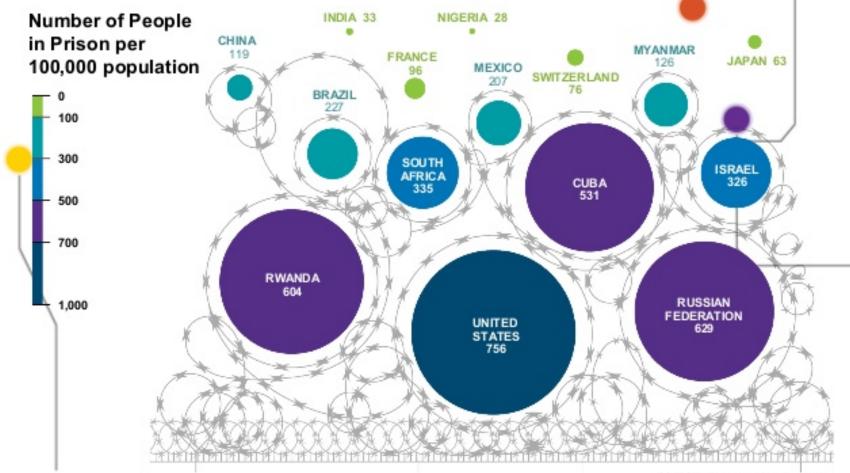
Prevalence Of Children Ages 0-17, By State, Who Experienced Two Or More Of The Nine Adverse Childhood Experiences Evaluated In The 2011-12 National Survey Of Children's Health



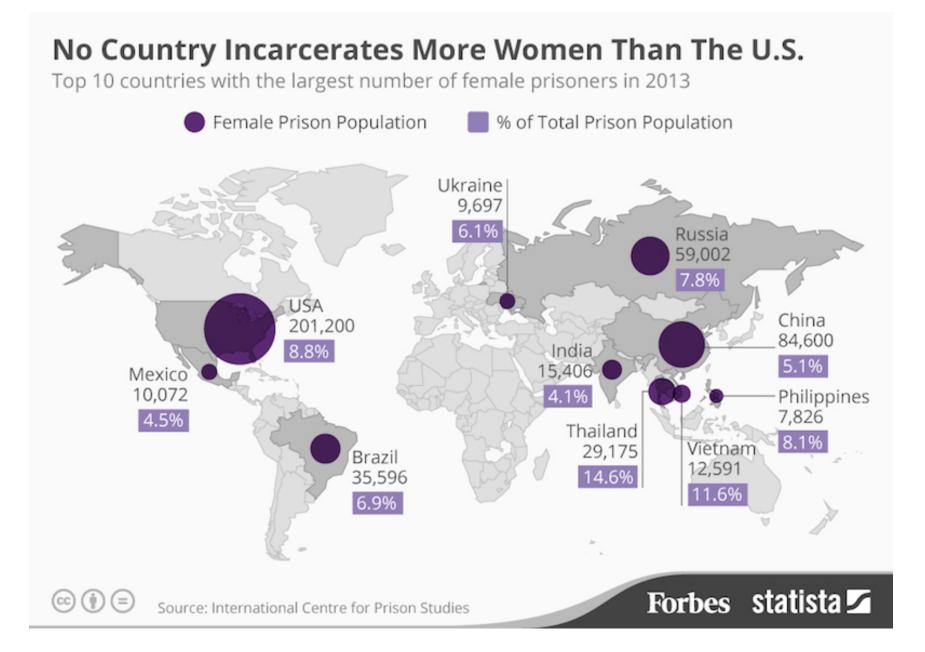
Oklahoma had the highest percent of children experiencing two or more ACEs (33%)

Bethell, C., Newacheck, P., Hawes, E. & Halfon, N. (2014). Adverse Childhood Experiences: Assessing The Impact On Health And School Engagement And The Mitigating Role Of Resilience. Health Affairs, 33 (12), 2106-2115.

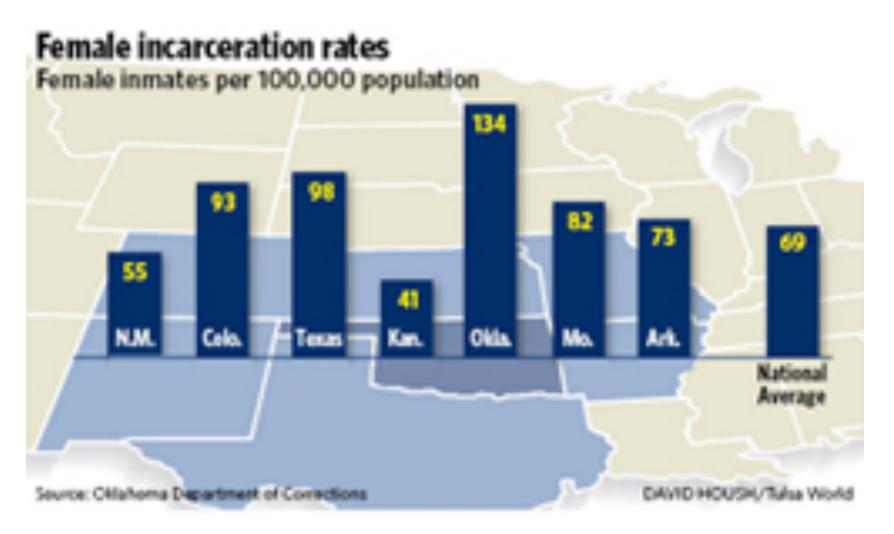
## Incarceration Rates Around the World/



SOURCE: Walmsley 2009, West 2010.

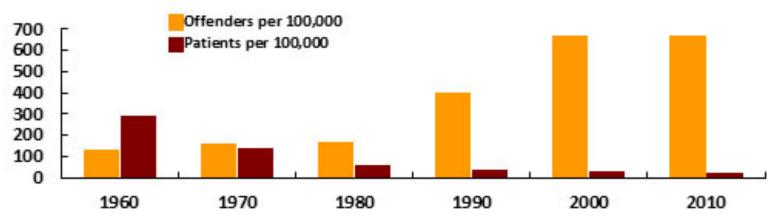


### US Rate Per 1000: 69 OK Rate Per 1000: 134



### Mental Health Services Versus Jail

### Oklahoma Per-Capita Imprisonment Versus Mental Hospital Commitment 1960 to 2010

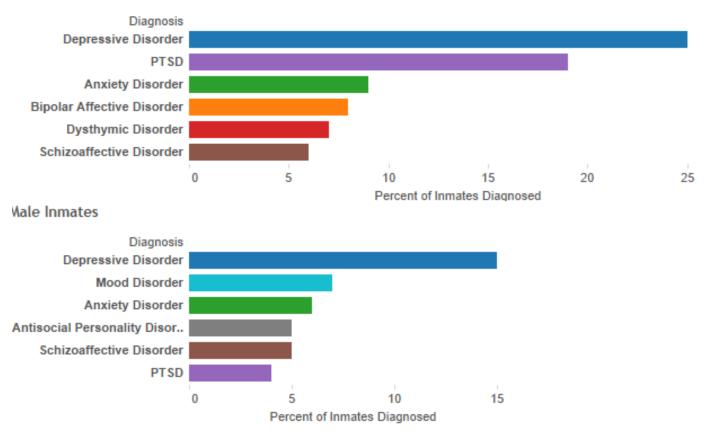


https://www.ok.gov/doc/Organization/Administrative\_Operations/Health\_Services/Mental\_Health\_Services/

### Mental Illness in Prison: a Gender Divide

Depression-related disorders were the most common mental illnesses diagnosed to male and female inmates in Oklahoma. The second most common diagnosis for women was PTSD, which affected women at about five times the rate of men.

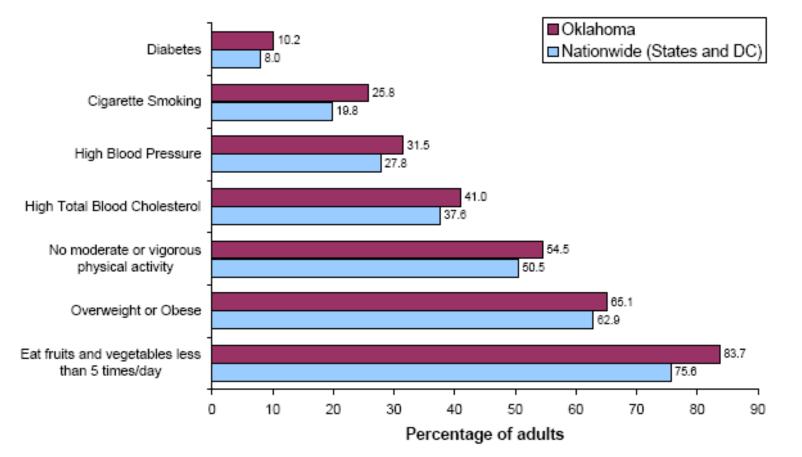




Source: March 2015 data from Oklahoma Department of Corrections.

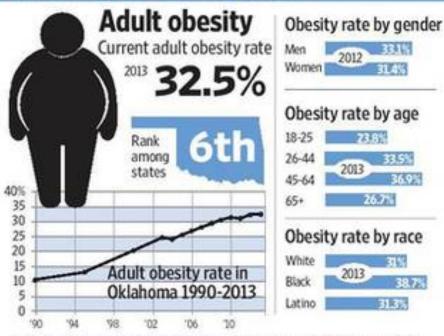


### Heart Disease and Stroke Risk Factors among Adults -Oklahoma Compared with United States

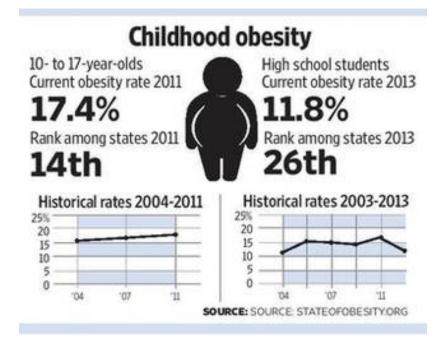


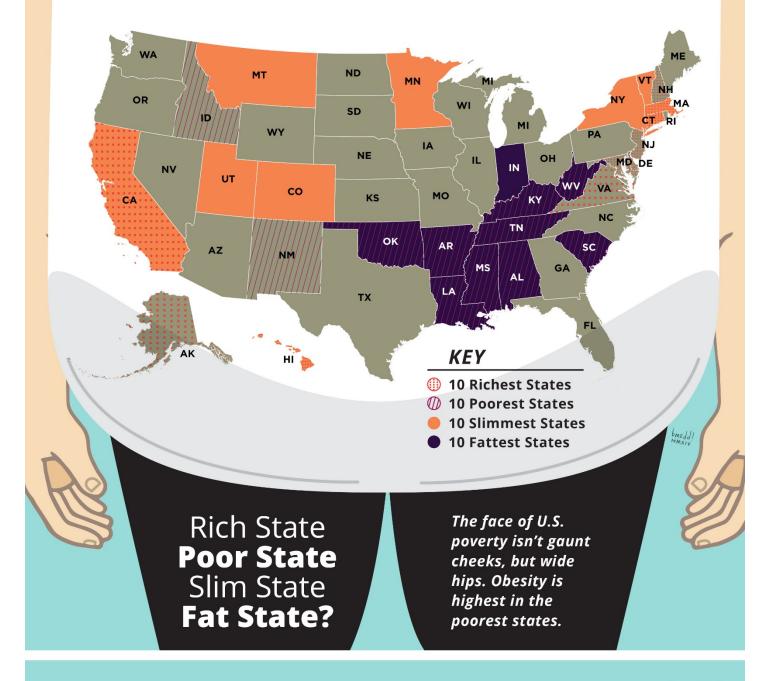
http://www.ncsl.org/research/health/oklahoma-state-profile-and-policy-report.aspx

### **Obesity in Oklahoma**

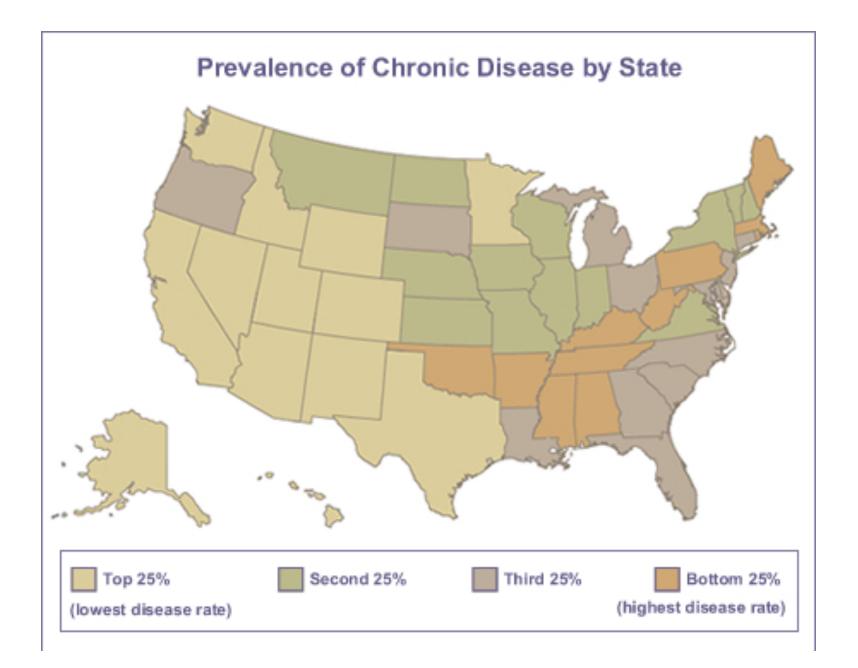


SOURCE: TRUST FOR AMERICA'S HEALTH AND ROBERT WOOD JOHNSON FOUNDATION, THE STATE OF OBESITY 2014, WASHINGTON, D.C. 2014, 2014 STATE OF THE STATE'S HEALTH REPORT

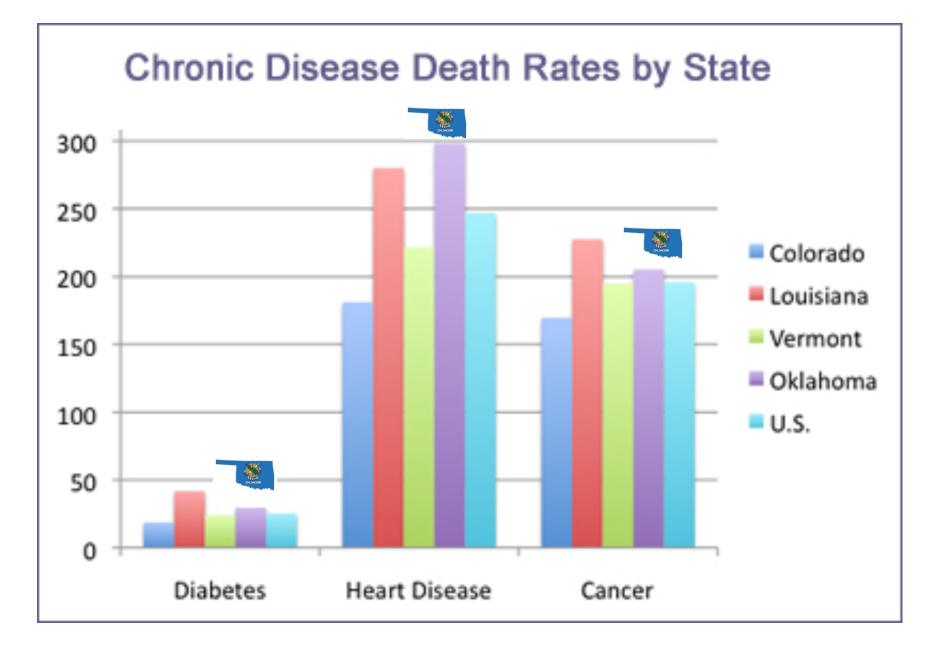




#### nerdwallet



Almanac of Chronic Disease 2008 Edition: Statistics and Commentary on Chronic Disease and Prevention



#### CDC Report: The Burden of Chronic Diseases and Their Risk Factors: National and State Perspectives 2004

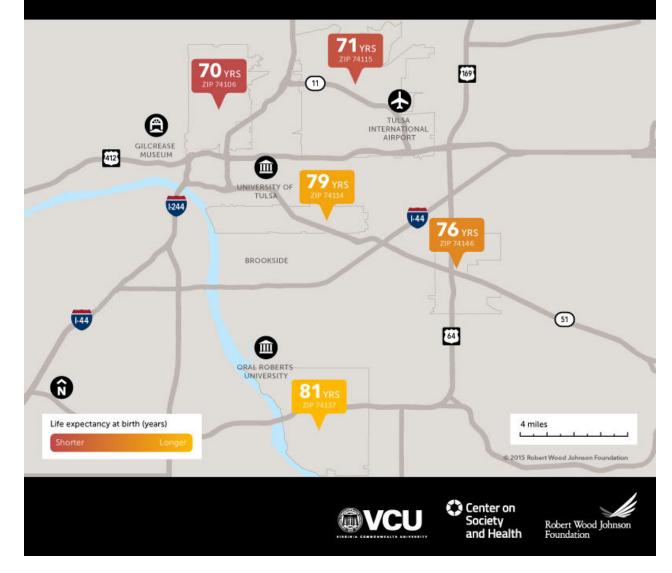
## Life Expectancy

TULSA, OKLAHOMA

#### Short Distances to Large Gaps in Health

Follow the discussion

#### #CloseHealthGaps



ZIP code snapshot

Here's how the two ZIP codes compared from 2011-2013.

## 74137

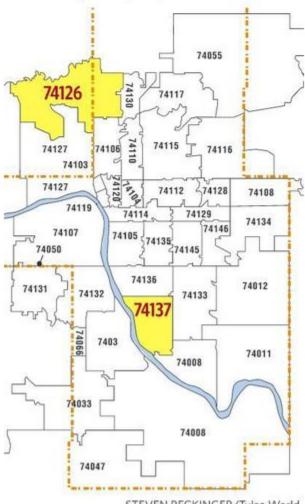
## 74126

\$25,191 – median household income
38.2 – percent below poverty
69.7 – life expectancy

Source: Tulsa Health Department

## Life expectancy disparity closes

The disparity between life expectancies in north Tulsa ZIP code 74126 and south Tulsa ZIP code 74137 has narrowed from 13.8 to 10.7 years since 2002, according to the "Narrowing the Gap" report.



STEVEN RECKINGER/Tulsa World

## Recent Headlines

A premature and unnatural death in rural Oklahoma Washington Post Elin Saslow April 8, 2016

The Washington Post

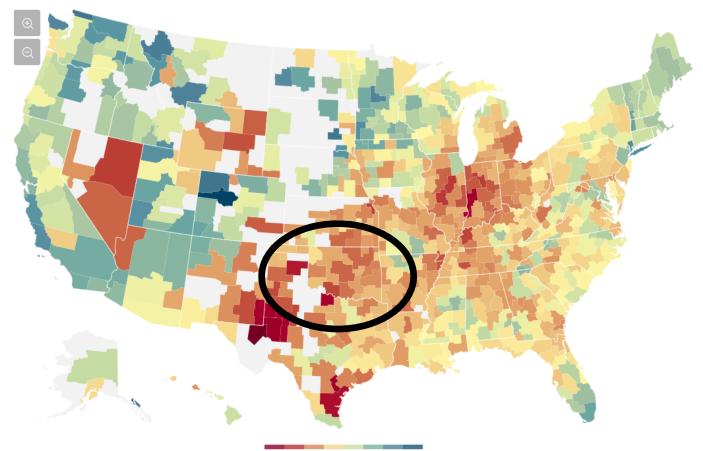
*The rich live longer everywhere. For the poor, geography matters.* Neil Irwin and Quoctrung Bui April 11, 2016

The New York Times

## The Rich Live Longer Everywhere. For the Poor, Geography Matters.

By NEIL IRWIN and QUOCTRUNG BUI APRIL 11, 2016

Life expectancy of 40-year-olds with household incomes **below \$28,000**, adjusted for race\*



76 77 78 79 80 81 82 83

# Life expectancy of 40-year-olds with household incomes **below \$28,000**, adjusted for race: Tulsa & OKC

On average, the life expectancy for a poor 40year-old in the Oklahoma City area is 77.6 years. It is worse than most places in the U.S. for life expectancy for the poor.

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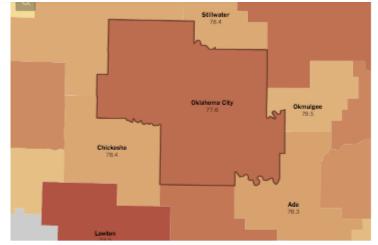
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Race-adjusted mortality rates control for differences in rac 76 77 78 79 80 81 82 83

On average, the life expectancy for a poor 40year-old in the Tulsa area is 77.6 years. It is worse than most places in the U.S. for life expectancy for the poor.

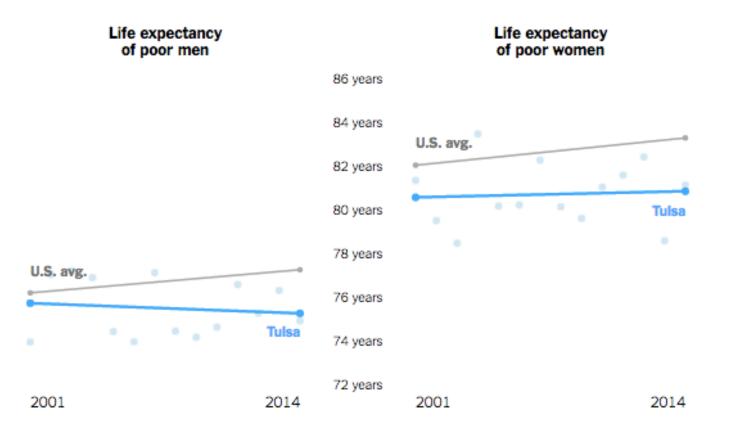


\*Race-adjusted mortality rates control for differences in rac 76 77 78 79 80 81 82 83

## There is a gap between the rich and poor...

- Those in households making more than \$100,000 per year and poor:
- In the Oklahoma City area, the poor will die about 8 years before the rich. That's roughly equivalent to the difference in life expectancy between an average man in the United States and one in Liberia. It is about 1.5 years more than the gap for the United States as a whole.
- In the Tulsa area, the poor will die about 8 years before the rich. That's roughly equivalent to the difference in life expectancy between an average man in the United States and one in Afghanistan. It is about 1 years more than the gap for the United States as a whole.

Life expectancies for the poor in the Tulsa area have worsened since 2001 by about 0.1 years. Life expectancies increased in most other places.



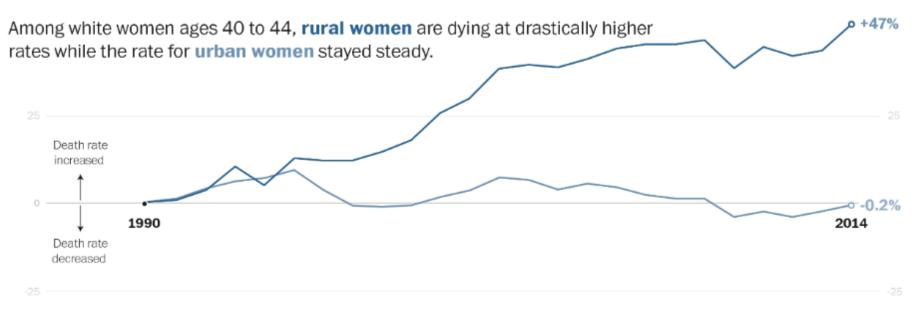
## **Oklahoma City**

Life expectancy Life expectancy of poor men of poor women 86 years 84 years U.S. avg. 82 years ٠ ٠ -80 years ٠ Oklahoma City ٠ 78 years U.S. avg. . . 76 years • 5 0 **Oklahoma City** 74 years ٠ 72 years 2001 2014 2014 2001

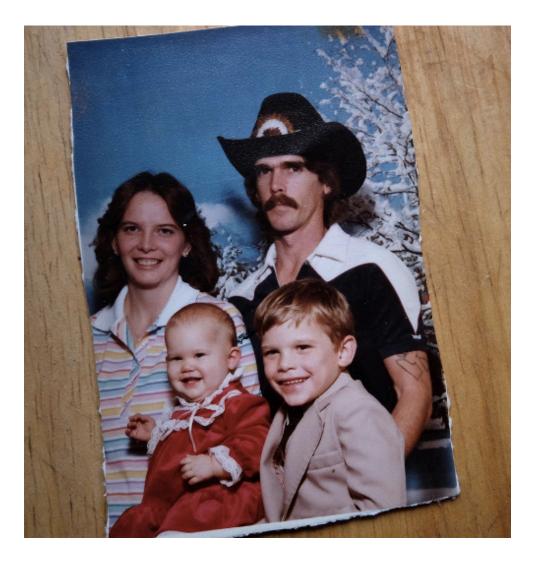
# Unnatural causes sick and dying in small town America

.Ome mask for reangements. ounside was the inger and Anna Marrie Jones truly lost ents and 54, of Tecumseh s siblings Anna Marrie Jonos, 54. of Terumseh, passed away Rohison Saturday, Feb. 6, 2016, in Tecumsels. nephews Memorial service will be at 2 p.m., Wednesday, Feb. Broadon 10, at Cooper Funeral Home Chapel with Candy Payne mily and officiating. Burial will follow at Romaius Cometory onder the direction of Cooper Funeral Home of Termisch V. Feb. To share memories or sign the guestbook online, go to www.cooperfuneral.com Bobbie (Thor Bobbie (Thomas) S vy, Feb. 8.

# A new divide in American death



What killed Jones was cirrhosis of the liver brought on by heavy drinking. The exact culprit was vodka, whatever brand was on sale, poured into a pint glass eight ounces at a time. But, as Anna's family gathered at the gravesite for a final memorial, they wondered instead about the root causes, which were harder to diagnose and more difficult to solve.



"White women between 25 and 55 have been dying at accelerating rates over the past decade, a spike in mortality not seen since the AIDS epidemic in the early 1980s. According to recent studies of death certificates, the trend is worse for women in the center of the United States, worse still in rural areas, and worst of all for those in the lower middle class. Drug and alcohol overdose rates for working-age white women have quadrupled. Suicides are up by as much as 50 percent."

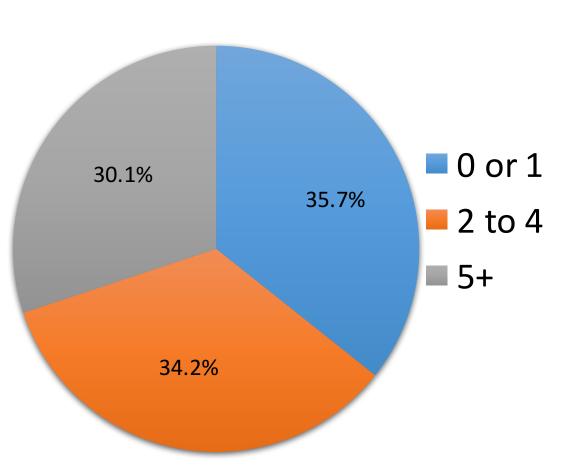
Source: Eli Saslow. "A Premature and Unnatural Death' In Tural Oklahoma." Washington Post. April 8, 2016. <u>https://www.washingtonpost.com/classic-apps/a-premature-and-unnatural-death-in-rural-oklahoma/2016/04/08/7888a74c-f079-11e5-89c3-a647fcce95e0\_story.html</u>.

## Two Studies: Data Collection

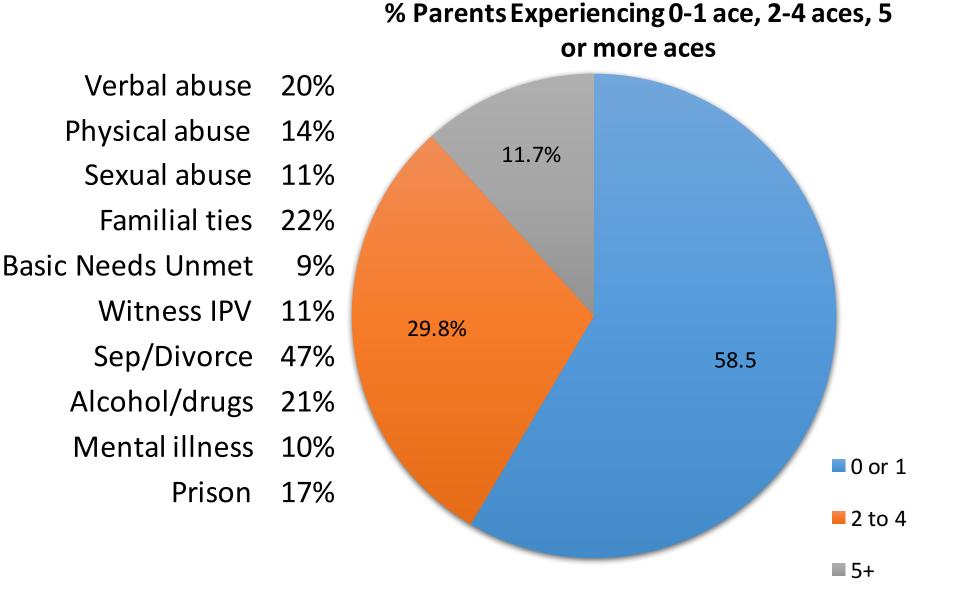
Study	Ν	Sample	Linked to
OU-Tulsa, School of Community Medicine Clinic Survey	354	Clinic patients, adults	Electronic Medical Record data: health conditions, medications, history
EducareSurvey: Family Life and Stress	338	Parents of children enrolled in Tulsa Educare	Educare data: Parent interviews Teacher observations AND Cortisol sample from children
TOTAL	692		

# **OU Clinic Patients:** ACEs

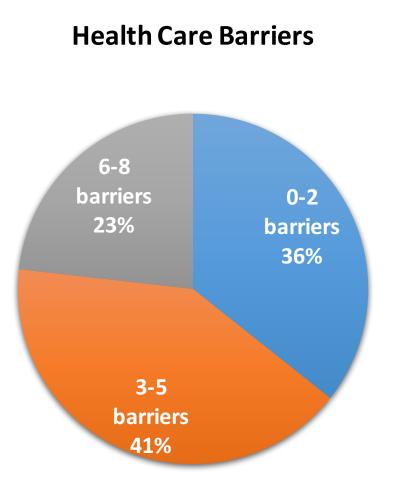
Verbal abuse 42% Physical abuse 32% Sexual abuse 27% Familial ties 34% Basic needs unmet 20% Witness IPV 25% Sep/Divorce 41% Alcohol/drugs 37% Mental illness 27% Prison 18%



# Educare Parents: ACEs



## Clinic Sample: Health Care Barriers



- 23% currently uninsured
- **50%** needed HC, no insurance
- 36% experienced time without insurance, last 12 months
- 37% reported someone in the HH went without needed HC
- **54%** needed care, no money
- 54% needed care, no insurance
- 52% used ER, no regular doctor
- 58% report medical debt
- 7% used payday lender for medical debt

## **Combined Data: Access to Health Care**

# of ACEs	Ν	Health Care Barriers, Mean (SD)
0-1	319	2.29 (1.59)*
2-4	217	3.22 (1.57)*
4 or above	140	3.84 (1.65)*

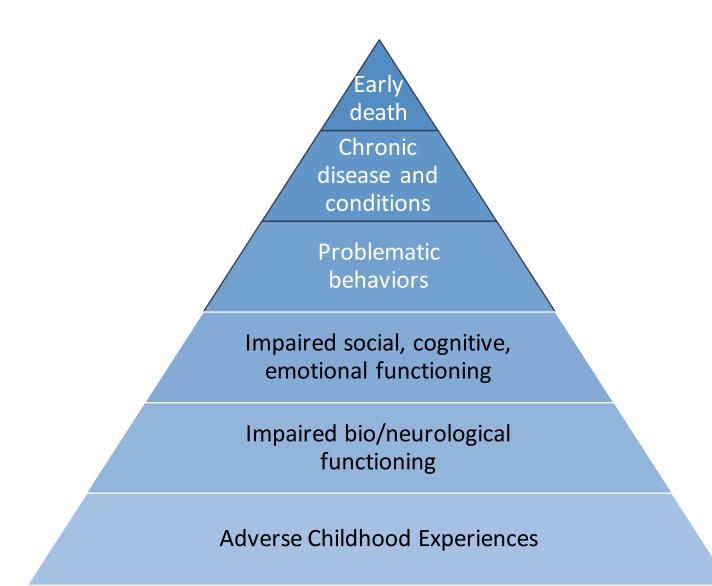
Doctor Regularly as a Child?*	Ν	ACE Mean (SD)
No	234	2.95
Yes	419	2.25
Dentist Regularly as a child?*	Ν	ACE Mean (SD)
Dentist Regularly as a child?* No	N 289	

#### \* Statistically significant difference

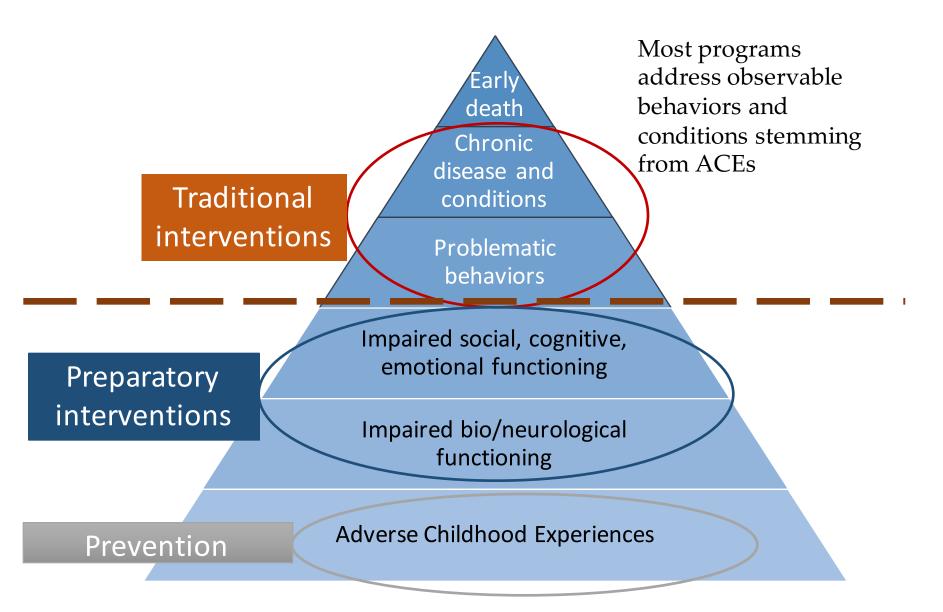
### **Combined Data: Health Care Barrier Items**

Health Care Barriers	Ν	Mean Ace Score		
Did you need health care but not get it because you did not have money?*				
No	360	1.84		
Yes	304	3.21		
Did you use the ER because you did not have a regular doctor?*				
No	366	1.96		
Yes	300	3.10		
Do you have medical debt?*				
No	312	1.84		
Yes	359	3.00		
Did you use a payday lender to help cover medical costs?*				
No	615	2.36		
Yes	54	3.69		
Needed health care but no health insurance?*				
No	404	1.92		
Yes	262	3.33		

## Classic ACE Triangle



## Expand the Focus of Interventions



## Expand the Focus of Intervention

Stressed adults, who have experienced trauma in past and current life, imay not respond well to educational or behavioral

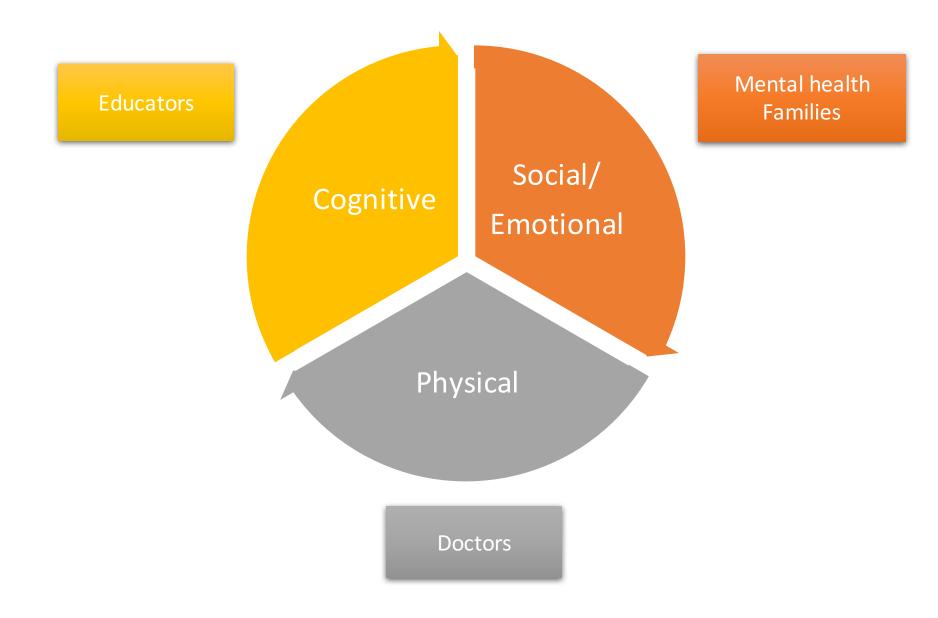
Traditional interventions

These interventions are needed, but they come late (not primary prevention) and stressed adults may not be ready to participate & also have little impact on Adverse Childhood Experiences generational change

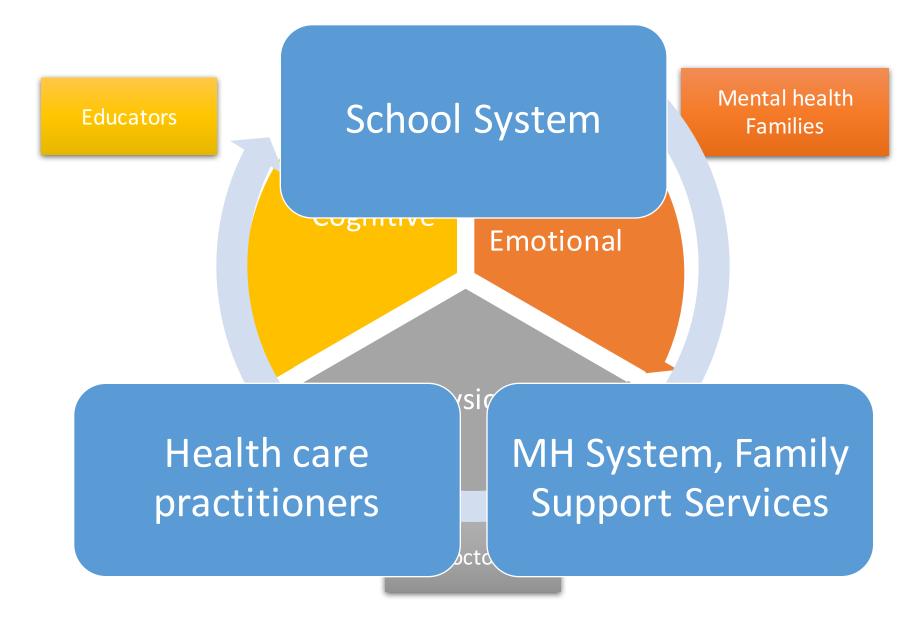
## Expand the Focus of Interventions

Interventions target what we know re: stress research; stACE studies, animal models: **Biological imbedding of toxic** stress, elevated cortisol levels, changes in brain structure & function

## Siloed Approaches to Connected Problems



## Breaking Silos, Location of Care



## Acknowledgements & Collaborators

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