



MBF Program Overview: MBF Child Safety Matters® - Pre-K

MBF Prevention Education Programs are comprehensive, evidence-based and evidence-informed primary prevention programs that educate and empower youth with the MBF 5 Safety Rules® and strategies to help adults keep them safe.

The **MBF Child Safety Matters® - Pre-K** program was developed to introduce personal safety concepts to preschool children, ages 4 - 5. The lessons, provided by the Monique Burr Foundation for Children (MBF), were created and reviewed by child psychologists and early childhood educators and meet many Pre-K instructional standards. They are age- and developmentally appropriate and include fun and engaging activities for children, as well as additional optional activities that can be used for reinforcement of the lesson content.

PROGRAM INFORMATION

MBF's Pre-K curriculum consists of four lessons based on the MBF 5 Safety Rules® and one optional lesson:

- Lesson 1:** General Safety Information & Safety Rule #1
- Lesson 2:** Safety Rule #2
- Lesson 3:** Safety Rule #3 and Safety Rule #4
- Lesson 4:** Safety Rule #5
- Lesson 5:** Bullying and Digital Safety (Optional)

Each lesson is approximately 20-30 minutes and is easy to present using a turnkey script and visual cards. They can be presented without the need for technology using visual cards much like a story book, or with technology via a PowerPoint to show the visual cards. Facilitator training is available for educators and others who will present the program to children.

ADDITIONAL RESOURCES

Visit www.mbfpreventioneducation.org to find information and resources for parents/guardians, educators, youth-serving professionals, and community members, including:

- Online professional development courses
- Safety Briefs
- Lesson plans
- Additional school, classroom, and at-home activities

Download the "Child Safety Matters" app (available at no cost from the App Store and Google Play) to learn how to better protect children.

