

## BASED ON RESEARCH

- » MBF Prevention Education Programs are comprehensive, evidence-based/ evidence-informed programs based on polyvictimization research. All programs teach universal Safety Rules and strategies that apply to many types of victimization.
- » *MBF Child Safety Matters*® has been found to be a quality and effective program by four independent research studies; other MBF programs are based on the same theoretical concepts and the same best-practice prevention strategies ensuring their effectiveness. MBF is committed to ongoing evaluation of all programs.
- » Programs are trauma informed, age- and developmentally appropriate, and incorporate social-emotional learning competencies, use active learning strategies, and provide skills practice opportunities for youth.



## PRACTICAL FOR SCHOOLS/ORGANIZATIONS

- » Programs are cost effective and easy for schools and organizations to implement using standardized curricula with facilitator scripts and PowerPoint presentations.
- » Lessons can be implemented by a variety of professionals, such as school counselors, teachers, health educators, nurses, coaches, and local community partners such as child advocacy centers.
- » Facilitators are trained prior to implementing program lessons via live or online training options.
- » Programs include reinforcement materials for children/teens, parents/guardians, and schools/ organizations.

## HELPS SCHOOLS/ORGANIZATIONS MEET STATUTE AND POLICY REQUIREMENTS

- » School-based programs are aligned with many education and health instruction standards and help schools meet required bullying, child safety, and child abuse prevention requirements (i.e. Erin's Law).
- » *MBF Athlete Safety Matters*® helps youth sports organizations meet the youth athlete training requirements of the Protecting Youth Athletes and SafeSport Authorization Act of 2017.

## SUPPORTED BY EXPERTS AND PARTNER ORGANIZATIONS

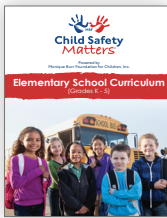
- » Erin Merryn (Founder of Erin's Law)
- » David Finkelhor, Ph.D., Director, Crimes Against Children Research Center, University of New Hampshire
- » Sameer Hinduja, Ph.D., Director, Cyberbullying Research Center
- » Darkness to Light
- » National Center for Missing and Exploited Children
- » One Love Foundation
- » National Educators to Stop Trafficking (NEST)
- » Approved by many state Departments of Education



# OVERVIEW OF MBF PROGRAMS

MBF Prevention Education Programs are comprehensive, evidence-based and evidence-informed primary prevention programs that educate and empower youth with Safety Rules and strategies to prevent, recognize, and respond appropriately to all types of child abuse, bullying, cyberbullying, digital dangers, exploitation, and human trafficking.

## SCHOOL-BASED PROGRAMS



### MBF Child Safety Matters® – Elementary School Curriculum

- » For students in grades kindergarten through five
- » Two (or four) lessons per classroom annually
- Lesson 1** General safety and the four types of child abuse
- Lesson 2** Bullying, cyberbullying, digital safety, and digital citizenship



### MBF Teen Safety Matters® – Middle and High School Curriculum

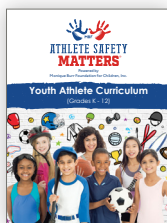
- » For students in grades six through twelve
- » Two (or four) lessons per classroom annually
- Lesson 1** Digital safety, cyberbullying, sexting, and exploitation
- Lesson 2** The four types of child abuse, bullying, relationship abuse, sexual assault, exploitation, and human trafficking

## ADDITIONAL RESOURCES

- » *MBF Mental Health Matters™* – Mental Health/Substance Abuse supplemental lessons
- » MBF Nearpod Lessons - Interactive lessons for in-person, remote, or hybrid delivery
- » Online professional development trainings and recorded webinars
- » Parent/Staff trainings available for in-person or remote delivery
- » Program reinforcement materials available for youth, parents, and schools/organizations

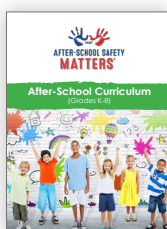


## EXTRACURRICULAR PROGRAMS



### MBF Athlete Safety Matters® – Youth Athlete Curriculum

- » For youth athletes (from beginner to elite levels) in sports settings
- » Two (or four) lessons presented to groups by grade level (K-2, 3-5, 6-8, 9-12)
- Lesson 1** Digital safety, cyberbullying, sexting, and exploitation
- Lesson 2** The four types of child abuse, bullying/hazing, relationship abuse, and exploitation/sex trafficking



### MBF After-School Safety Matters® – After-School and Youth Serving Organization Curriculum

- » For children and teens in after-school programs and youth-serving organizations
- » Six lessons presented to groups by grade level (K-2, 3-5, 6-8)
- Lesson 1** The 5 Safety Rules
- Lesson 2** Bullying
- Lesson 3** Cyberbullying
- Lesson 4** Abuse
- Lesson 5** Digital Safety
- Lesson 6** Digital Citizenship